

Research Script

Welcome Statement

Hello [insert name]! I want to thank you for choosing to participate in this interview for the study of *Mental Health Treatment Services Exposure in LGBTQ+ College Students of Color*. My name is Arianna Kholanjani and I will be facilitating this interview. Having your experience to aid in this study will hopefully give insight into this topic since the intersectionality component of mental health exposure has seldom been explored in this way. This interview should take approximately one hour or less. This interview will also be recorded in order for the interview moderators to review the information afterwards.

Overview of Interview

Before we begin, I would like to review the categories of questions that will be asked during this interview. First, I will ask about how you self-identify. Second, I will ask about your experience with mental health treatment. Lastly, I will ask about your intersectional experience regarding all of these topics. I would also like to know if you have any questions about this interview. Now I will hand out the consent form for you to sign. If you would like a copy of your consent form, please inform me. Before we begin, I would also like to ask you to give me a pseudonym to use in place of your name so that any identifying information cannot be traced back to you for your privacy.

Questions

Subject Self-Identity

1. Please state your name, age and what year of college you are in, and the name of the university that you attend.
2. Mental health treatment services can be defined as any individual or group treatment plans developed with trained mental health clinicians/professionals. Mental health clinicians/professionals can consist of (but are not limited to) psychiatrists, psychologists, counselors/therapists, etc... Are you currently receiving mental health treatment?
3. Race and ethnic groups are distinguished from each other. Race is a socially constructed category that people fall into based on their phenotype and ancestry. Ethnicity on the other hand is a shared cultural heritage. Examples of race would be white, black, Asian, etc... Examples of ethnicity include Latino/Hispanic, Arab, Jewish, etc... With this in mind, how do you identify racially and/or ethnically?
4. Sexuality can be defined as who you are attracted to in either a romantic and/or sexual manner. There are many sexualities that fall on the human sexuality spectrum such as gay, lesbian, bisexual, asexual, etc...How do you identify your sexuality?
5. Gender is both connected to and different from your sexuality.. Gender is also different from one's biological sex. Gender is how you perceive yourself. Your biological sex is male, female, or intersex. Your gender can either match with your assigned biological sex or differ from it. Some examples of gender include male, female, genderfluid, non binary,

Two-Spirit, etc... How do you identify your gender? Does your gender match with your sex assigned at birth?

Mental Health Treatment Exposure

6. If you are currently seeking out mental health services, did you run into any obstacles when seeking out treatment? How did running into those obstacles make you feel? 7. If you are currently not receiving mental health treatment, did you attempt to seek out mental health services at any point in your life? If so, at what age?

8. If you are currently not receiving mental health treatment, what are the main reasons you are not receiving treatment currently?

9. If you have received treatment in the past but not presently, what are the reasons you stopped receiving treatment?

Intersectional Experience

10. Have you encountered any forms of discrimination based on your race, ethnicity, gender, and/or sexual identity while seeking out or receiving mental health services? If so, tell me about the discrimination you have faced and how it made you feel.

11. If you have not sought out mental health services, have you purposely avoided seeking out mental health services in order to avoid being discriminated against because of your race, ethnicity, gender, and/or sexual identity?

12. If you have sought out mental health services before, were you nervous that your mental health provider would treat you differently based on your race, ethnicity, or sexual/gender identity?

Follow Up

1. Is there any additional information about your identity, mental health treatment experience, or anything else relevant to this study that you would like me to know?

Concluding Statement

I want to thank you for your participation in this research. Your input is greatly appreciated and will help with the field of research. If you have any questions about this research, please feel free to stay after the interview is over and ask me. If you would like a copy of the research results, please let me know and I will provide you with an overview of my research once it is completed.

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